

Linda Kreiss' @lindagaenzle 's 'Ulto Sulto' is a dancing river of stories, reflections, and insights that takes readers on a journey through life's chaos and harmony, perfectly embodying the meaning of its title—topsy-turvy. Her words are sprinkled with a rare warmth, affection, and love, qualities that deeply touched my heart as I read her observations about India and its vibrant culture. As someone who loves my country, I felt seen and cherished in Linda's writing. Her descriptions of Indian traditions, particularly her reflections on Rishikesh, resonated with me profoundly. She captures the spirit of this sacred place with such clarity and reverence that it felt as if I were walking alongside her through its serene ghats and vibrant ashrams.



This book is not merely a collection of thoughts—it is a soulful embrace. Finishing it felt like stepping into the heart of the Buddha, a meditative space where wisdom, compassion, and joy coexist. Linda's love for India, its culture, and its people is evident on every page, and I am deeply grateful for the kindness and affection she has shown me personally through her work and words.

Ulto Sulto is a treasure for anyone seeking to explore life's profound beauty amidst its unpredictability. For me, it has become a cherished reminder of the connection between hearts, across borders and cultures.

(You already know how much I love you Linda and appreciate your love for me)

**Book Review by J Mann (Poet/Writer)**